



California Association of Tactical Officers

Extra Conference Practical Courses

Course Name: TRAC Refresher - NEW!

Date: 12/01/2025 - 12/01/2025

Tuition: \$50

Location: Strategic Operations, Inc (STOPS)
San Diego, CA 92123

Instructors: Dana Vilander

Course Description:

This course was designed to provide a one-day refresher course that covers the skills and techniques taught during the 5-day TRAC course.

The purpose is to provide SWAT team members with a common principle and outcome-based baseline of vertical access capabilities, applicable to a full spectrum of variable environments (from urban to mountain) and variable operational constraints.

THIS IS NOT A BEGINNER OR "INTRO" COURSE AND IS INTENDED FOR THOSE WHO HAVE PREVIOUSLY COMPLETED A CERTIFIED ROPES/TRAC COURSE.

Training Description:

These courses are only available to users who are registered for the 2025 CATO Conference.

Register online at catotraining.org

Questions? Contact CATO's Training Coordinator

Desiree Harrington: dharrington@catotraining.org